



The Equinoxalizer 4 Miler

A Duke University undergraduate project benefitting the dropout prevention work of Communities In Schools of Durham.

Saturday, March 17th, 2012 at 8:00 AM
Downtown Durham

This family friendly race was established three years ago by Duke undergrad students seeking to make a difference in the Durham community. The event is registered as a USATF North Carolina 4 Mile State Championship. The race will take place on St. Patrick's Day and will begin and end at the heart of downtown Durham. Wear your green and help Communities In Schools of Durham keep students in school and prepare for life after graduation. Runners and walkers of all ages and abilities are encouraged to attend, and mothers with strollers are welcome on the course. Everyone can enjoy this family friendly event with free food, live music and a family fun run for the kids on the lawn of DPAC!

Volunteers needed for set-up, registration, and water stops.

Friday, March 16:

Pre-Race set-up: Help pack goodie bags, hand out materials, and assist with other set-up needs. Set-up will take place at 9th Street Active Feet – 725 Iredell Street, Durham, NC. Pre-Race day volunteers should be available from 3:00-7:00 PM, 2-3 people needed.

Saturday, March 17:

Registration: Help pack and hand out goodie bags on race day to runners and assist with last minute registration needs. Registration volunteers should arrive to the DPAC lawn by 6:30 AM and be available until 8:15 AM, 5-10 people needed.

Water Stations: Help keep race participants hydrated by filling up water cups and handing them out to runners. Water station volunteers should arrive to the DPAC lawn by 7:00 AM and be available until 10:00 AM, 14-18 people needed.

Intersections: Encourage and direct runners on the correct race path by standing at intersections throughout the course. Intersection volunteers should arrive to the DPAC lawn by 7:00 AM and be available until 10:00 AM, 10-15 people needed.

To sign up contact Katie Stuart, Volunteer Coordinator
(919) 403-1936 Ext. 32
volunteer@cisdurham.org
www.cisdurham.org/events.html